

NE 3501

Spa and Aroma Therapy

3 credits

This course is designed to provide a broad overview of the history and principles of Spa and Aroma Therapy. Related public health laws and regulations, basic Spa management, Human Anatomy and Physiology, Aroma massage techniques and health consequences including roles and ethical principles for Aroma therapist are emphasized.

NE 3502

Massage as an Alternative Health Care

3 credits

This course focuses on basic concept of alternative health care and classification of alternative health care. The face massage, foot massage, hand massage, and head massage are emphasized. It includes Anatomy and Physiology, advantage, contraindication, and management. Customer services and alternative health care practices are included.

NE 3505

Oriental Exercise for Health

3 credits

This course focuses on the alternative health care related to exercise. The alternative health care practice including Yoga, Taichi, long wooden stick exercise, and Thai classical aerobic exercise are emphasized.

NE 4501

Entrepreneurship in Health Care

3 credits

This course focuses on concept of entrepreneurship. The emphasis is on principle of health care management and factors influencing health care business success. The presentation is expected to enable the student to create project and present the idea of SMEs in health care.

NE 4502

Adolescent's Health

3 credits

The study of male and female adolescent health issues. The emphasis is on gender adaptation, life-style, behaviors including food and fitness, self image, reproductive and sexual health, alcohol and substance abuse and violence issues. The students are expected to identify both male and female adolescent health issues and design adolescent health promotion initiatives.